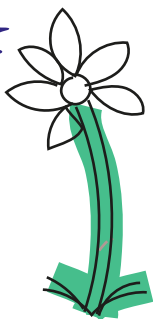


# NEW YEAR COACHING TEMPLATE

AIMS, GOALS, DESIRES

NEW HABITS I  
WANT TO  
CULTIVATE



MY PURPOSE

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HOW I WANT  
TO FEEL THIS YEAR



THOUGHTS, WORDS,  
DEEDS THAT FEED  
MY SOUL

